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UP HIS SKATESAFTER 18 NHL SEASONS MARKED BY
GREAT HIGHS AND DEVASTATING
LOWS, FORMER HABS CAP
ANNOUNCES RETIREMENT

PAGE 26

'FORGET ABOUT MIKE DUFFY'

Dominatrix Terri-Jean Bedford prepares to testify at the Senate committee looking into the Conservative government's prostitution bill, on Parliament Hill in Ottawa, Wednesday. Before getting kicked out of the meeting for going over her time limit she said: "If this law passes I'm going to make you guys forget about Mike Duffy, because I've got more information and more proof on politicians in this country than you can shake a stick at, I promise." See story, page 8. FRED CHARTRAND/ THE CANADIAN PRESS



Calypso pleads not guilty to 20 violations

Water park on trial.

Defence lawyer tries to douse plans to hear evidence from eight Crown witnesses

 **TREVOR
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Defence lawyer Lawrence Greenspon doesn't want eight witnesses to testify at the Calypso Water Park trial this week, where the amusement park is facing charges it made

20 safety violations under the Technical Standards and Safety Act.

He says the testimony of two-thirds of the witnesses — some of whom are suing the water park — is not related to the case and will turn the provincial offences courtroom into a civil courtroom.

"The Crown wants to call what will undoubtedly be sensational yet irrelevant evidence to the charges," Greenspon told the court.

Calypso pleaded not guilty to the 20 charges that stemmed from accidents in 2011 and 2012 that injured

customers who slid down the park's Steamer and Bobsleigh slides.

Greenspon argued the Crown wants a "full public airing" of the events and while he said Calypso respects the consequences of the accidents, a provincial offences courtroom is no place for venting.

"There is absolutely no reason to call witnesses in and put them through this process so that they can describe in 'horrid detail,' according to the Crown, what happened to them and the consequences on their lives," said Greenspon to reporters outside the court-

room.

"We respect that, but it's just not relevant in these proceedings."

But Crown prosecutor Tom Ayres argued testimony is "absolutely essential" in proving the "chaos" and apparent lack of training of Calypso staff when the accidents occurred.

Two accidents happened on June 19, 2012, when two men were sent to hospital after crashing into each other on the Bobsleigh slide.

The Crown alleges operators prematurely sent a passenger down the slide while another was stuck. Another

serious injury happened on the Pirate's Aquaplay June 27, 2012, while three other separate incidents were reported in 2011.

"These witnesses deserve to be heard, the Crown has a right to call them," he said. "Justice must be seen to be done, this must be public. If the evidence is painful, so be it. There is an obligation here."

Justice Julie Lauzon will make a decision on the witnesses Thursday, but no witnesses will be called in the trial until Monday.

If convicted, Calypso faces up to \$20 million in fines.

**\$13.50 for a
load of
laundry?**

Tenants in a Vancouver building say their landlord is trying to railroad them out
PAGE 9

**But we're not
flying through
pneumatic
tubes yet ...**

Columnist John Mazerolle's childhood dream has come true ... sort of
PAGE 13

**The happiest
lunch pail**

Rare steak, sautéed onions, blue cheese and French bread might make you take your lunch break early
PAGE 20

**Hot off the
runways**

From neoprene dresses to raffia skirts — three must-see spring collections from New York Fashion Week
PAGE 17





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FIVE THINGS YOU NEED TO KNOW TODAY

1

DEMENTIA TALKS

The governments of Canada and France are co-hosting a gathering of dementia experts in Ottawa today and tomorrow to discuss the disease, which affects nearly 36 million people around the world.

2

ONE WORLD

The Bytowne Cinema screens South African arts documentary *Shield and Speer* at 7 p.m. today to benefit the One World Film Festival happening later this month.

3

IT WAS ALL SHOW

Shia LaBeouf admitted yesterday to acting up at a Broadway show, pleading guilty to disorderly conduct in one of several episodes of bizarre behaviour he has displayed in recent years.

4

ROCK-STAR POPE?

In the Philippines, life-size cardboard cutouts of the Pope are being distributed to churches, schools and malls to help build "papal fever" ahead of his visit.

5

PISTORIUS TRIAL

A judge is expected to render a verdict today in the murder trial of Oscar Pistorius. The South African athlete is accused of murdering his girlfriend by shooting at her through a door.

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Mayoral candidate Darren Wood: Let's legalize bordellos

Blog post, not campaign platform.
Idea 'solves all the problems' of prostitution: Wood



LUCY
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A mayoral candidate says he wants Ottawa to be the "test city" for legalizing prostitution and is in favour of legalized bordellos.

Darren W. Wood, of Kinburn, says he wants prostitution to be "tightly controlled and highly taxed" as a means of protecting sex workers and generating revenue for the city.

Under his proposal, sex workers would be taxed, regularly checked for sexually transmitted infections, protected from pimps and johns via an on-site security system and fined or jailed if they are working without a licence.

He's also proposing a "huge licensing fee for bordellos.... Tax the hell out of

it and generate a new revenue stream."

"It really does answer all of the problems of prostitution," Wood told Metro, noting that he's not adding this to his campaign platform, but still believes it should be a municipal issue. Because people have been asking him about the proposed Bill C-36, which aims to improve the working conditions of sex workers, he decided to write about it on his blog.

Kimberley Mansfield, a former sex worker, said Wood has a "narrow view" of prostitution.

"Legalization has not worked successfully to reduce incidents of violence against Survival Sex Workers in other countries," she wrote in an email.

"In fact, legalization creates further isolation, marginalization and a dangerous underground network for impoverished survival sex workers. Decriminalize prostitution, because legalization, I'm afraid, is certainly not the answer."

Ottawa Mayor Jim Watson said he's against legalized bordellos in the city.



In a blog post titled *The Big Bang Theory*, mayoral candidate Darren Wood points to Nevada's legal brothels, such as the one pictured here, as an example of a place where the sex trade has been legalized. ROBYN BECK/GETTY IMAGES

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Council gives final OK to Arts Court redevelopment consortium

The \$100-million Ottawa Arts Court redevelopment won the approval of city council today.

Applause erupted in the council chamber Wednesday as councillors voted to approve the group consisting of EBC

Inc., DevMcGill and Groupe Germain.

Alexandra Badzak, director and CEO of the Ottawa Art Gallery (OAG), said this new building is "a dream come true for the arts community."

"We have really small gallery spaces. We don't have enough room for our collection, to store it," she said. "We have no place for our visitors to sit and take some time with art or have a cup of coffee, so that's what we're going to bring, is a real hub for the arts."



An artist's rendering of the redeveloped Arts Court and Ottawa Art Gallery. CONTRIBUTED

The space is designed to include a new and larger Ottawa Art Gallery, a 250-seat

multi-purpose and film screening room, and a new 120-seat theatre and four classrooms for the University of Ottawa. The site will also feature private-sector development in the form of a 21-storey mixed-use tower at 60-70 Waller St., including a boutique hotel on the first 12 floors and residential condos on the upper floors.

The current OAG is about 12,000 square feet, but the gallery space will grow to 42,000 square feet in Arts Court.

LUCY SCHOLEY/METRO

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Local solar panel project not so big a money-maker

Less revenue. Change in province's Feed In Tariff program means the city can't sell solar power to Hydro One for as much money as it used to

 **LUCY SCHOLEY**
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Ottawa will be getting less money from a solar rooftop project than initially thought, but city councillors are still giving the project the go-ahead.

Hydro Ottawa is installing solar panels on the rooftops of 20 municipal buildings and selling the energy back to the province.

But the rates are lower than expected, so council approved a request from Hydro Ottawa to purchase the licensing fees (the amount Hydro Ottawa pays for the use of the roof) for half-price.

When the city first voted in favour of the project in 2011, the rooftop licensing fee rate was set at 40 cents per square foot, based on a 70 cents per kiloWatt-hour rate laid out back then.

But that 70 cents/kWh rate has since dropped more than

50 per cent, to 30 cents. So Hydro Ottawa asked to pay a proportionately smaller licensing fee — 20 cents per square foot of rooftop rental fees.

Energy Ottawa has yet to receive a contract from the Ontario Power Authority (OPA), which is buying the solar energy through its Feed-In-Tariff (FIT) program. Hydro Ottawa is expecting a new contract soon.

Annual revenues for the city were initially estimated at about \$200,000 to \$250,000 from the installation of panels. The city will still be getting revenue in this new contract.

Councils Allan Hubley and Scott Moffatt were the only two dissenting votes on the project. Hubley, the Kanata South councillor, said the project was inefficient and too costly for taxpayers. He said he would support the project if the solar panels actually generated electricity for the municipal buildings.

"But that's not what we're doing," he said, following the meeting. "We're producing power and putting it in the grid so that we can make additional money from taxpayers."

Two municipal buildings were outfitted with solar panels — Ottawa City Hall and an OC Transpo building on Belfast Road — through a pilot project in 2010.



The City of Ottawa gave Hydro Ottawa the go-ahead to pay less in licensing fees for new rooftop solar cells. LUCY SCHOLEY/METRO

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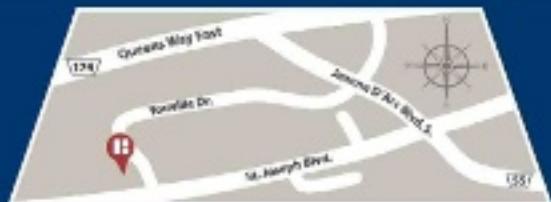
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Lacing up for burlesque fest

City's first. Sure, it's sexy — but there's humour, too, says organizer

 **TREVOR GREENWAY**
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Eight burlesque troops across the city have come together this weekend to create Ottawa's first burlesque festival, and they've pulled talent from all across North America for a weekend full of traditional, stripteasing fun.

Famous drag queens and burlesque performers from New York to Vancouver will descend on the capital Sept. 19-21, with three shows at different venues across the city.

Festival founder and local burlesque performer Helvetica Bold said with the recent popularity of burlesque culture exploding in Ottawa, now is the time to throw a festival.

"There was a small group of us and we were very punk rock and underground and as we started marketing ourselves online, it became more mainstream and we became more polished and more people got involved," said Bold. "And then

Opulence and Oddities

- Friday's The Dark Side of the Merkin show is being put on at the Gladstone Theatre at 10 p.m., while Saturday's Opulence and Oddities romp takes centre stage at the Bronson Centre.
- Sinners' Brunch starts at noon Sunday at Café Nostalgica. Tickets range from \$15-\$38 with a festival pass for \$59.

there was the movie Burlesque and then it just exploded."

Bold said the festival will be an homage to classic and traditional burlesque shows from the early 1900s — big flamboyant costumes and dazzling hair and makeup. Although she says the shows are quite sexy, it's not all about sex.

"As burlesque evolved into stripping, stripping became just very, very raw and sexual," she said. "And what we do is there is definitely an element of sexuality, but it's entertainment. We want you to laugh and we want you to be amazed and we want you to think about our talent, not our body parts."



Australia's Lucy Sky Diamond, pictured here, performs at the festival on Saturday, Sept. 20. CONTRIBUTED



Gov. Gen. David Johnston poses for a photograph with Second World War veterans in front of a Lancaster aircraft during a ceremony marking the 75th anniversary of the war Wednesday in Ottawa. FRED CHARTRAND/THE CANADIAN PRESS

75th anniversary: Ottawa honours WW2 vets with commemorative pin

It was 75 years ago that Canada issued its first, and only, formal declaration of war.

On Sept. 10, 1939, the Liberal government of MacKenzie King followed Britain in going to war against Nazi Germany in an unfolding conflict that would within two years

engulf the whole world.

The Harper government, in a gesture of respect, announced Wednesday it would award a limited-edition commemorative lapel pin to the surviving men and women who served.

The first presentations

were made at ceremonies in Halifax, Quebec City, Ottawa, Edmonton and Vancouver.

More than one million Canadians served in uniform or the merchant navy, and more than 47,000 were killed.

Veterans Affairs Canada estimates there are approximately 80,000 Canadian Second World War veterans still alive today, but their numbers are dwindling rapidly.

The ex-service members can apply to the department for the pin and a certificate of recognition. **THE CANADIAN PRESS**

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CD Warehouse to close doors

'It's time for something new.' Store's owners embarking on new business venture

 **SEAN MCKIBBIN**
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CD Warehouse is almost at the end of the track.

But even as the store winds down over the next six months to that big eject button in the sky, there's a hint of irony for Steven Bleeker as he and his wife, Janice McDonald, transition into a new phase of their career with a new business.

Apple, the company that helped disrupt the iconic Ottawa music store's 23-year-old CD business, is also the same company breathing life into Bleeker's new venture: IstyleOrigins.com.

"It's a design company that designs slogan-based products and then licenses those to manufacturers," says Bleeker.

Translation? The new firm sells T-shirts, mugs and other paraphernalia with slogans like "iRock," "iGame" and "iTalk," based on Apple's packaging and design esthetic.

Apparently Apple is totally OK with it.

"Apple is a big fan of ours. We really helped to propagate the brand in a fun way," Bleeker says.

But as enthusiastic as he is, there's a note of sadness in his voice as he talks about how the CD business changed: first buffeted by illegal downloads, and then by the onslaught of iTunes and changing consumer music consumption habits. It's an inevitable process, he says.

Inventory wasn't as deep, and sales of DVDs and CDs were slowing faster than a burgeoning vinyl sales sideline

could compensate for.

"When we opened we were the only store in town that was just selling CDs. People would say to us, 'Aren't you selling any cassettes?'" Bleeker chuckles.

A few months ago CD Warehouse closed its east-end location. Employees have known for about two weeks that the Kanata and flagship Merivale Road locations were being closed.

"There were some tears," he says, adding that he and McDonald opened the store when they were first married, before they had children.

"We kind of grew up in the store."

Now, over the next six months, he says they'll be starting clearance sales to clear out inventory and are hoping for the continued support of their loyal customer following.

"It's time for something new," he says.



Customers bustle excitedly in the aisles in 1991, four months after CD Warehouse first opened at 1383 Clyde Ave.

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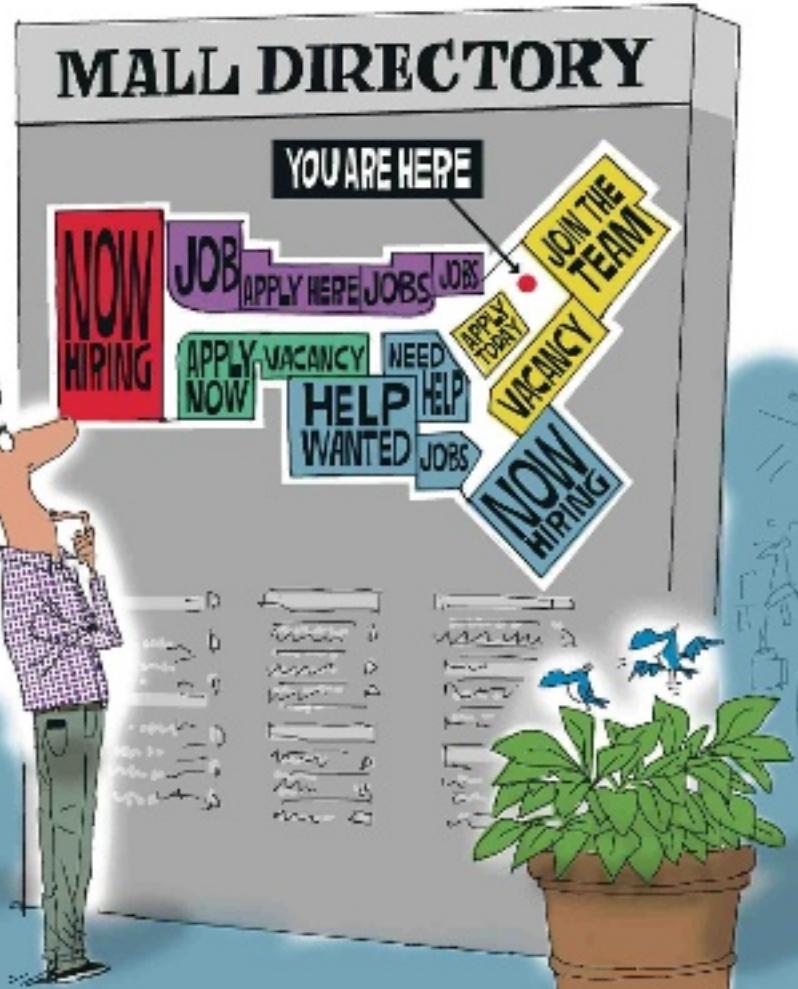
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Rob Ford hospitalized after being diagnosed with tumour

Toronto Mayor Rob Ford was diagnosed with a tumour on Wednesday after seeking treatment hours earlier for "unbearable" abdominal pain.

The CEO of the Humber River Hospital told reporters the mayor has dealt with abdominal pains for more than three months.

"He was having left-lower-quadrant abdominal pain.... It's been going on for more than three months but today it became unbearable for him," Dr. Rueben Devlin said at a hastily called press conference Wednesday evening.

Examination and investigation today revealed that he has a tumour. The mayor has been admitted to Humber River Hospital to allow for further investigation to obtain a definitive diagnosis.

Ford's brother, Coun. Doug Ford, said the mayor was coping well.

"He's in good spirits and just thanks everyone for all the well-wishes," the older Ford said.

Not the 'racist company'

Mistaken identity leads to hate mail for Ottawa business

"Is this the racist company?"

"Go hang yourself ... today if at all possible."

They're just a sample of more than a dozen disturbing emails George Monsour said he's received in an awful case of mistaken identity.

One of his company's divisions, Ottawa Valley Carpet Cleaning, has been misidentified as another business that was ordered to pay \$8,000 to a job applicant for discrimination, he said.



Toronto Mayor Rob Ford has been diagnosed with a tumour after seeking treatment for "unbearable" abdominal pain. **THE CANADIAN PRESS**

adding that his brother hadn't complained of his abdominal pain to him in the past.

"He had stomach pain, I had breakfast with him today ... and he said his stomach was bothering him. He went to the doctor's and then the doctor sent him over to Humber and

The Human Rights Tribunal ruled last week that Ottawa Valley Cleaning and Restoration discriminated against Malek Bouraoui, who is black, by telling him it "only hires white men" in a series of "abusive" text messages.

The company didn't participate in the case and has not commented on the decision.

Monsour said his business, which has operated for eight years, has no affiliation to Ottawa Valley Cleaning and Restoration or any of its staff.

"We are a reputable business.... We're just normal, decent people," he said.

THE CANADIAN PRESS

we're here today."

The mayor will be kept in hospital over the next few days as tests are conducted to determine more details about the tumour, Devlin said, adding that it was a CT scan that brought physicians to their early diagnosis.

"He's being investigated further and we need to determine exactly what type of tumour it is and then we can decide on what treatment is required," Devlin said.

A tumour is a mass, a growth of abnormal cells. Some are benign, meaning they are not cancerous, while others are malignant or cancerous.

Benign tumours typically are localized; malignant tumours can spread or metastasize, triggering secondary cancers in other parts of the body.

Rob Ford is running for re-election in the city's Oct. 27 municipal vote. His brother wouldn't comment on how the tumour diagnosis might impact his campaign. **THE CANADIAN PRESS**

China

Hadfield to attend international space conference

Retired Canadian astronaut Chris Hadfield says he hopes a convention being held in China will lay the groundwork for future international co-operation in space.

Hadfield is attending the International Planetary Congress, which began in Beijing on Wednesday and brings together 100 space travellers from around the world.

THE CANADIAN PRESS

Dominatrix whips up a scene during Bill C-36 hearings

Terri-Jean Bedford.

Leather-clad opponent of prostitution bill threatens to expose politicians' hypocrisy, gets thrown out of proceedings



Dominatrix Terri-Jean Bedford prepares to testify at the Senate committee looking into the Conservative government's prostitution bill, on Parliament Hill in Ottawa Wednesday. **FRED CHARTRAND/THE CANADIAN PRESS**

The controversial, leather-clad woman at the heart of the effort to rewrite Canada's prostitution laws delivered an unexpected whip-crack of drama Wednesday among the buttoned-down senators examining Bill C-36.

Terri-Jean Bedford, who calls herself "the most famous dominatrix in Canada," was tossed out of Senate hearings on the legislation after exhausting the patience of committee chair Sen. Bob Runciman.

Bill C-36 treats prostitutes as victims, seeking to protect them from almost all criminal prosecution. The bill instead targets pimps and johns, as well as others who profit or trade in sex on an exploitative basis.

Supporters of the bill argue that those in the sex trade are forced into it by systematic issues of poverty, racism and sexism and deserve protection from the law. And they agree that going after those who are the instigators of the sex trade is a way to better protect those women. Bedford, however, is not among them — and she made that abundantly clear Wednesday.

It's not the purview of the government to tell women when or how they can or cannot sell sex, she argued, whip in hand, as she threatened to expose politicians who supposedly avail themselves of the world's oldest profession.

"If this law passes I'm going to make you guys forget about Mike Duffy, because I've got more information and more proof on politicians in this country than you can shake a stick at, I promise," she said.

When asked by Liberal Sen. Serge Joyal how the new law might affect her work, Bedford pressed on, so Runciman banged the gavel to end the hearing. Bedford was escorted out by security.

THE CANADIAN PRESS

the desk and said the new law would ensure she was back before government in 10 years, arguing the issue anew.

At one point, with Bedford's allotted time running down, Runciman tried to remind her that she needed to wrap up.

"You have given lots of other people lots of time," she complained.

Runciman asked Bedford to respect the rules of the committee, saying if she didn't, he'd suspend the meeting and have her escorted out. Bedford pressed on, so Runciman banged the gavel to end the hearing. Bedford was escorted out by security.

THE CANADIAN PRESS

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Notice-happy 'greed eviction' landlord must be stopped: MLA

Tenant 'abuse.' MLA, residents cite evictions, illegal rent increases and laundry costs as grounds for action

MATT KIELTYKA
Metro in Vancouver

Imagine paying \$13.50 for a load of laundry or being served an eviction notice because your spouse constitutes an illegal tenant.

That's what residents of a downtown Vancouver apartment have been dealing with ever since their building fell under new ownership in August, and yesterday they were joined by their local MLA to demand the "abuse" stop.

Residents of Hofmann Manor allege they've been threatened by Plan A Real Es-

Crying foul

Vancouver residents have been served with a seemingly unending stream of eviction notices.

- **Brandi Ross.** She claimed she was given an eviction notice for not having tenant insurance, despite having the documentation stating otherwise.
- **As for other residents.** Another was served a notice for living with an illegal tenant — her husband.

tate Services Ltd. with an illegal 30 per cent rent increase, unlawful inspections, and a barrage of eviction notices for alleged breaches of material terms (such as not having carpet in the bathroom).



Vancouver-West End MLA Spencer Chandra Herbert joins residents of Hofmann Manor in Vancouver on Wednesday to talk about alleged illegal rent increases and eviction attempts by the building's landlord. MATT KIELTYKA/METRO

"We come home and almost every day there is a new notice posted to our door," said Absalon Figueroa, who received three eviction notices in one week. "We feel the new landlords are abusing their

position of power with the tenants to try to intimidate us. They want us to move out and they're pretty much stopping at nothing."

Brandi Ross claims she and other residents have been of-

fered new short-term leases with non-negotiable clauses to vacate at the end of the term.

"If we all did not take a careful look at what we were signing, we'd all be moving out New Year's Day," she said.

Vancouver-West End MLA Spencer Chandra Herbert has vowed to help the residents fight their landlord at the Residential Tenancy Branch.

"What this is is a greed eviction," said Chandra Herbert, who accused the landlord of trying to turn the rental building into "a kind of Airbnb mini-hotel" to maximize profits.

The city is also keeping a close eye on the situation.

Plan A was served legal notice by the city Sept. 3 after being found to be illegally renting units in the building out for less than 30 days, through the popular online peer-to-peer accommodation website Airbnb.

After several attempts to contact the landlord, Plan A Real Estate Services claimed its director, Anoop Majithia, was out of the country on business and not available for interviews. METRO

Ottawa man denied citizenship bid says he will appeal ruling

An Ottawa man says he will appeal after losing a court battle for his Canadian citizenship.

Despite being born in Canada, Deepan Budlakoti was suddenly told by federal officials four years ago that he is not a Canadian citizen despite also possessing a birth certificate and a Canadian passport.

The government argues Budlakoti did not automatically become a Canadian at birth in October 1989, as his parents

were employed by the Indian high commissioner.

Budlakoti, 24, was ordered out of Canada three years ago due to drug and firearms convictions.

Federal Court Justice Michael Phelan was not convinced by Budlakoti's argument that his parents quit the Indian High Commission in June 1989, months before he was born.

"That employment terminated at some point in 1989 —

the exact date is hotly contested and the facts in this record are difficult to make out," Phelan said in his statement.

Budlakoti called the ruling "shocking and deplorable."

"Obviously, I will appeal," said Budlakoti, who considers himself stateless. "I refuse to be exiled from my homeland, to be made an outcast in my own society. It sets a precedent that we should all be worried about." THE CANADIAN PRESS

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Obama vows to lead coalition in attack on ISIS in Syria

Prime-time TV address. President opens new front against Islamic rebels with multi-country fight, U.S. airstrikes



President Barack Obama gave no timetable for U.S. efforts against ISIS. EVAN VUCCI/THE ASSOCIATED PRESS

In a dramatic shift, U.S. President Barack Obama has opened a new front in the fight against Islamic rebels, promising to lead an international coalition that will attack them on Syrian turf.

He used a rare prime-time speech to lay out a program that would have been unthinkable until recently: a multi-country fight in the Middle East, involving American airstrikes and special forces in Iraq and now Syria, as part of a

broad counter-terrorism plan.

"We will degrade, and ultimately destroy, ISIL through a comprehensive and sus-

tained counter-terrorism strategy," Obama said, using an acronym for the militant group also known as ISIS.

"We will hunt down terrorists who threaten our country wherever they are. That means I will not hesitate to take action against ISIL in Syria, as well as Iraq. This is a core principle of my presidency: If you threaten America, you will find no safe haven."

Obama carefully avoided calling it a war.

He added a familiar caveat, as he has at every step of the way in recent weeks as American military involvement in the region steadily increased, promising once again that combat troops won't be going back in: "We will not get dragged into another ground war in Iraq."

THE CANADIAN PRESS

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September 29 to December 20, 2014

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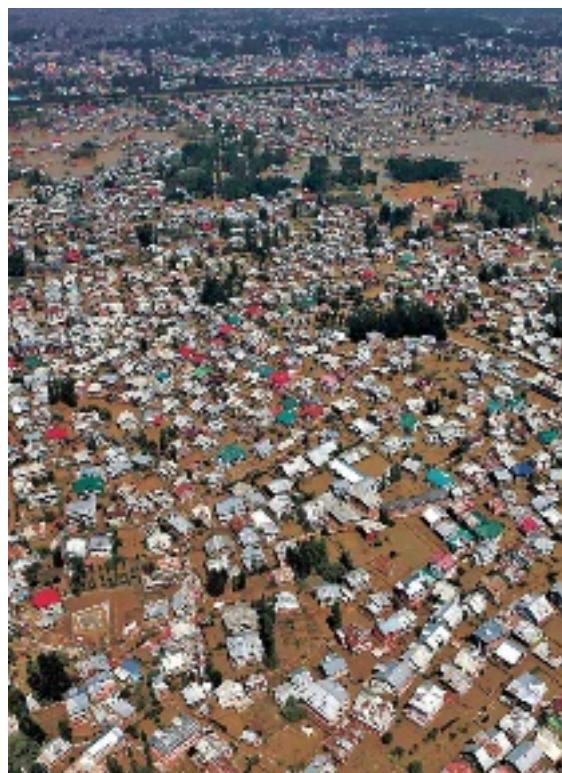
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Flood death toll now 440

An aerial photo shows buildings partially submerged in Srinagar, in Indian-controlled Kashmir, on Wednesday. Authorities said raging monsoon floods sweeping across India and Pakistan have killed more than 440 people. DAR YASIN/THE ASSOCIATED PRESS

Jail suicide. Segregated inmates at risk: Report

The federal prison watchdog says Corrections Canada must stop isolating mentally ill, suicidal or self-harming prisoners, saying inmates in segregation units are all too easily able to kill themselves.

In a scathing report released on World Suicide Prevention Day, Howard Sapers says almost half of the suicides reviewed by the Office of the Correctional Investigator took place in segregation cells supposedly under close monitoring.

Sapers' office examined 30 suicides in penitentiaries between April 2011 and March 2014.

Twenty-five of those prisoners hanged themselves, 14 of them while they were in solitary confinement. Nineteen of the prisoners who hanged themselves had previously attempted suicide; seven had tried to kill themselves more than twice.

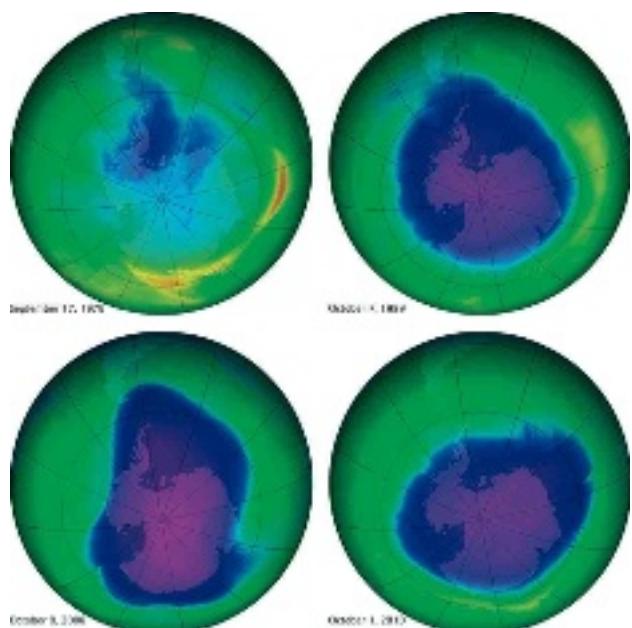
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This undated image shows the ozone layer over the years: Sept. 17, 1979, top left; Oct. 7, 1989, top right; Oct. 9, 2006, lower left; and Oct. 1, 2010, lower right. Earth's protective but fragile ozone layer is finally starting to rebound, says a United Nations panel of scientists. COURTESY NASA/THE ASSOCIATED PRESS

Ozone layer recovering: Scientists

But still far from healed. Protective layer still about 6 per cent thinner than in 1980

Earth's protective but fragile ozone layer is beginning to recover, largely because of the phase-out since the 1980s of certain chemicals used in refrigerants and aerosol cans, a UN scientific panel reported Wednesday in a rare piece of good news about the health of the planet.

Scientists said the development demonstrates that when the world comes together, it can counteract a brewing ecological crisis.

For the first time in 35 years, scientists were able to confirm a statistically significant and sustained increase in stratospheric ozone, which shields us from solar radiation that causes skin cancer, crop damage and other problems. From 2000 to 2013, ozone levels went up four per cent in the key mid-northern latitudes at about 50 kilometres high, said NASA scientist Paul A. Newman. He co-chaired the every-four-years ozone assessment by 300 scientists, released at the United Nations.

"It's a victory for diplomacy and for science and for the fact that we were able to

The pact

The ozone layer had been thinning since the late 1970s. Man-made chlorofluorocarbons, called CFCs, released chlorine and bromine, which destroyed ozone molecules in the air.

- After scientists raised the alarm, countries around the world agreed to a treaty in 1987 that phased out CFCs.

work together," said chemist Mario Molina. In 1974, Molina and F. Sherwood Rowland wrote a scientific study forecasting the ozone depletion problem. They won the 1995 Nobel Prize in chemistry for their work.

The United Nations calculated in an earlier report that without the 1987 pact that phased out CFCs, by 2030 there would have been an extra two million skin cancer cases a year around the world.

The ozone layer is still far from healed. The long-lasting, ozone-eating chemicals still lingering in the atmosphere create a yearly fall ozone hole above the extreme Southern Hemisphere, and the hole hasn't closed up.

THE ASSOCIATED PRESS

Russia building new nukes: Putin

Russia is developing an array of new nuclear and conventional weapons to counter moves by the U.S. and NATO, but will carefully weigh the costs to avoid overburdening its economy, President Vladimir Putin said Wednesday.

Putin told a Kremlin meeting on weapons modernization plans that the West shouldn't be surprised about Moscow's efforts in view of U.S. missile defence plans and

other decisions he said have threatened Russia's security.

"We have warned many times that we would have to take corresponding countermeasures to ensure our security," Putin said, adding that he would now take personal charge of the government commission that oversees military industries.

He said the weapons modernization program for 2016 to 2025 should focus on

building a new array of offensive weapons to provide a "guaranteed nuclear deterrent," re-arming strategic and long-range aviation, creating an aerospace defence system and developing high-precision conventional weapons.

Putin and other officials have repeatedly boasted about new Russian nuclear missiles' capability to penetrate any prospective missile shield. THE ASSOCIATED PRESS



President Vladimir Putin at the Lifegiving Trinity Church in Moscow Wednesday. THE ASSOCIATED PRESS

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LIFE IN THE VACUUM-SEALED TUBE

Like so many other children, I spent my youth dreaming of a long transparent tube.

Specifically, I imagined a human-sized, vacuum-sealed tube that would extend from my front door and guide me around the world — through jungles and mountains and to cities more exotic than anything a New Brunswick boy could imagine. Shanghai, say. Or Guelph.

I'd be able to see the world's wonders, all within the safety of The Tube, which would proceed in a straight line — except for a slight adjustment to align with my back door.

The Tube was such a persistent daydream for me as a child that when Google Earth was released I checked to see where the route would have taken me.

It was barren rock, empty desert and ocean, save for a trip through Hiroshima's ground zero. The Tube makes you think.

I'm reminiscing about it because I've decided to share a secret revelation with you, against my better judgment: The Tube



HE SAYS
John Mazerolle
metronews.ca

exists. Shhhh...

Okay, so there's no physical tubing. But everything The Tube provided in my imagination actually exists in today's world. Despite how world news leaves us feeling, most of the planet is safe, comfortable and there to explore.

It's a secret I don't like to share. I was recently in Malaysian Borneo, and distant tropical islands are much better for my DEET cred if you think they sound mysterious and dangerous.

My father, for one, always sounds surprised when I get back home from trips alive.

"So you made it, huh?" he says with the same "How 'bout that?!" tone you might have if you dropped a wristwatch in the tub and it kept working.

But the truth is, Borneo is comfortable, friendly, clean. Most of the planet is comfortable, friendly and clean. If you heard the phrase "Dr. Livingstone, I presume," you could bet it's because the barista wants to know what he should write on your latte.

Starbucks is, in fact, the first thing I saw when I arrived in Borneo, even before customs. And the only thing I encountered more often than wide smiles and lush greenery was KFC. ("Authentic Bangkok flavour!" the signs informed me.)

It's not just the persistence of corporations that makes distant travel more familiar than one might imagine. I had a mountain guide for a climb, and years of TV had me assuming he'd be old, wizened and weather-worn, explaining the mountain spirits and medicinal properties of the foliage.

Instead, he was a 20-something dude in a tank top, smoking a cigarette and checking his phone every time it got that damned alert that sounds like a person whistling. As for my phone, I got a strong, clear signal three-quarters of the way up the mountain, and later when I was 100 kilometres down a jungle river.

I talked to my mother during one call, in a conversation that revealed the secret to her. I was eating and she asked what I was munching on, assuming it was insects or something. It was Pringles. The vacuum-sealed tube is real.

MetroTube

Coax Me ft. Choir! Choir! Choir!



ANDREW
FIFIELD

andrew.fifield@metronews.ca



Choir! Choir!
Choir! is a Toronto project that gathers amateur singers into silver-voiced collectives. This week, to celebrate the 20th anniversary of Sloan's mighty *Twice Removed* album, they invited Chris Murphy and Jay Ferguson to join them for a lovely version of *Coax Me* — the best TR song that isn't *Snowsuit Sound*. (Choir! Choir! Choir!/YouTube)



SCREENGAB



Twitter

@metropicks asked: Apple unveiled its new iPhone6 with a larger screen, a smartwatch and a HealthKit. What should they do next?

@pohl1: Bluetooth Pregnancy test.

@JTProfile: Apple should move into the home security & automation business. All sorts of innovative gadgets to be made

@Canucklehead_ca: If I don't see an iGrandfather clock soon I'll know they're just wasting everyone's time. iSigh.

@TheOutspoken_1: Copy android some more. Android has had all those features for years.



It's the thrill of the fight



Artists, their bodies painted in the likeness of tigers, perform the annual Pulikali in Thrissur, in the southern Indian state of Kerala, Wednesday. Pulikali is a colourful recreational folk art revolving around the theme of tiger hunting, performed to entertain people during Onam, an annual harvest festival.

Artists transformed into big cats for Indian harvest festival

Two-hundred-odd years ago, the Pulikali tradition started and every harvest season it returns to the Indian state of Kerala for

Onam — the annual harvest festival.

During Onam, performers are transformed into tigers and hunters in bright yellow, red and black paints made from tempera and enamel. They dance to the beats of instruments, mimicking tiger hunts and tigers stalking their prey.

As with most traditions, there have been changes over the years.

In the early days, dancers would paint themselves all over, but over the years masks were introduced, in addition to tiger teeth, tongues, beards and mustaches.

METRO

Etymology

Pulikali

Puli = leopard/tiger and *kali* = play in Malayalam, a language spoken in India, primarily in the state of Kerala.



SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 8 in News, page 15 in Scene and page 25 in Sports.

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

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SCENE 2

Watching the universe go by for more than 100 years

Stargazers. Members of the century-old astronomical society share their experiences and view the night sky



BACKSTAGE PASS
Jen Traplin
ottawa@metronews.ca

Tweeting under the handle @astroeducator, Gary Boyle is a lifelong astronomy enthusiast who is passionate about sharing the wonders of the universe with others.

"I started astronomy when I was eight years old and, next year, it'll be 50 years I've been in the field," he says, adding that what intrigued him initially was the size of our sun.

"You can fit 109 Earths across its belly and over 1.3 million Earths would fit inside — just in our sun.

"And then to find out that suns are just like stars and stars are much larger than the sun, different colours, different temperatures, it was just a wow factor that has not stopped."

Boyle shares that wow factor with the public using both Twitter and his website, wondersofastronomy.com, posting sky-gazing tips and photos of the night sky.

He is also the president of the Ottawa Centre of the Royal Astronomical Society of Canada, an organization "dedicated to the advancement of astronomy and al-



Gary Boyle is president of the Ottawa Centre of the Royal Astronomical Society of Canada. CONTRIBUTED

lied sciences."

The Ottawa chapter was formed more than 100 years ago and boasts more than 350 members.

They have monthly meetings at the Canada Science and Technology Museum, giving members an opportunity to share their experiences with other enthusiasts. The group also hosts monthly star parties, where the public is invited to set up telescopes and view the night sky in a social setting.

For anyone curious about astronomy, Boyle says all you really need to get started is a pair of binoculars

and the Internet, which has made the practice of learning the sky a lot more involved.

"With books, you would have maybe a discovery or two that would be published in a book a year later, but now, you get about 99 discoveries a day on the Internet."

Although he continues to search for comets and other never-before-seen wonders of the universe, Boyle has yet to add to that list, but he remains optimistic.

"I haven't come up with a discovery yet, but one night I will."



Gazing as a group

Star party. The next free event starts one hour before sunset on Friday, Sept. 19 in the parking lot of the Carp Branch of the Ottawa Public Library

(3911 Carp Rd.). Stargazing ends at 1 a.m. Backup date (in case of cloudy skies) is Sept. 20. For more information, go to ottawa-rasc.ca.

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Yes! There's an order to Mraz's new album about love

Tried-and-true style.

Singer penned latest sticky-sweet album with female folk rock act Raining Jane

EMILY
LAURENCE
Metro World News in New York

At this point, 12 years into his career as a coffeehouse-turned-arena playing singer-songwriter, Jason Mraz knows what works. He gets that his fans want a mellow, light-rock album full of sticky-sweet love songs. So, when it comes time to record a new album, he doesn't feel the pressure to reinvent himself.

"I honestly feel that I've made the same record every time," he tells us. That being said, his latest album, *Yes!*, a complete collaboration with the all-female folk rock band

Raining Jane, wasn't planned at all. Mraz and Raining Jane have been meeting up to write songs twice a year for the past seven years. "We had no agenda other than just meeting up to write and have fun," Mraz says. Some of the songs ended up on some of Mraz's past albums, while others became hits for other singers, such as John Mayer. After a few particularly rewarding sessions in 2013, Mraz liked the songs so much, he decided to bundle them up into one album, that being the newly released, *Yes!*

"It was a happy accident," he says. "We didn't actually know we were writing an album. I think that would have sounded a lot different had we sat around thinking, 'OK, this has to be on the record.'"

Even in an age where people often download songs one single at a time, Mraz is obsessed with the order in which the songs occur on the album and says it's something he thinks about constantly. In his opin-

Quoted

"It was a happy accident. We didn't actually know we were writing an album."

Jason Mraz on creating his album *Yes!* with Raining Jane

ion, every album should tell a story, and each song is a fragment of that story. Not surprisingly, the songs on *Yes!* tell a love story.

It starts out recognizing that you do love someone; that love is there. "There's a little heartbreak and discomfort, and we just have to accept what's meant to be. There's compassion in the love story. There's forgiveness. There's acceptance. And the resolve is contentment, which is used to shine on."

Though Mraz is busy touring, he's already writing new songs.

"The best material is always

More Mraz

- About all those I'm Yours YouTube covers. "It's always an honour as a songwriter to see another musician take the effort to play your songs and embody the words. My favourite I'm Yours cover that I saw was the little itchy nose kid playing the ukulele. He's just sitting in his closet playing the uke and his nose is itching. He even played the diminished chord which not a lot of people do!"

the stuff that needs to be written," he says.

"It's the stuff that comes out of emotion, passion and the need to express or interpret something; to hear it back happening." From the sound of it, there's no shortage of love stories left to tell.



Scan this photo with your Metro News app to see one of those I'm Yours YouTube covers. GETTY IMAGES

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Taylor Swift ALL PHOTOS GETTY IMAGES

Perry has a swift response to Taylor's Bad Blood diss

Suspiciously soon after news spread of Taylor Swift's explanation that her track Bad Blood was about a pop contemporary she thought she could trust, Katy Perry took to Twitter with a Mean Girls reference: "Watch out

for the Regina George in sheep's clothing." We knew she was trouble when she tweeted that. It's unclear how Swift will respond but my money's on a Pinterest collection about Russell Brand.

Gwen emails her hubby a pic of pregnancy stick

Because of her busy schedule, Gwen Stefani had to inform husband Gavin Rossdale via email that she was pregnant with their third child, Rossdale reveals to Howard Stern.

"I got this email on the road, from Gwen, and the title was in capitals, 'Look what you did to me now,'" he says. "I was like, 'What is this?' My blood pressure went through the roof. And I opened the email, and it was the pregnancy stick."

The couple's third son, Apollo, was born last February.



Gwen Stefani

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Bieber's boxers fail to impress fashion fans



THE WORD
Dorothy Robinson
scene@metronews.ca

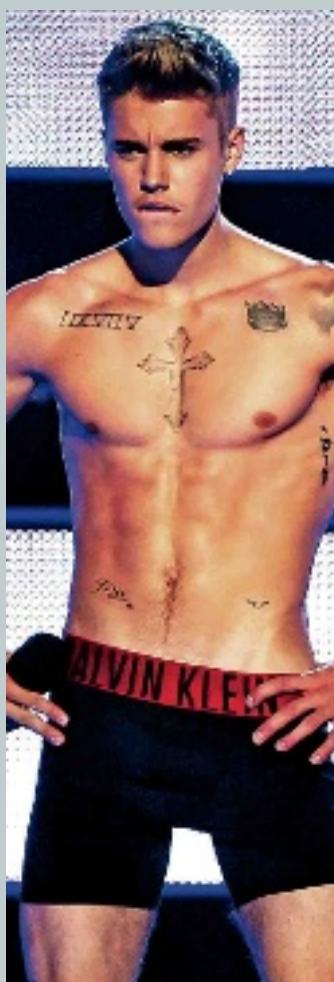
These days, it's a surprise to wake up and not find a surprising story about Justin Bieber.

The latest incident involves Canada's boy king receiving a less-than-friendly reception at the Fashion Rocks event in New York earlier this week, and responding by stripping down to his underwear in some bizarre misapplication of the fight or flight instinct.

Bieber was introducing singer Rita Ora alongside model Lara Stone when the crowd turned on him and he responded by bearing nearly all.

"Is that better?" he asked.

Justin, if you have to ask ...



Pharrell Williams

Pharrell's happy little idea a huge hit across the U.K.

This ought to make him happy: Pharrell Williams' ubiquitous pop hit, Happy, has officially become the most downloaded song of all time in the U.K., according to the Guardian.

"The people of the U.K. have been so supportive of me over the years," Williams

says. "That's the lifeline. Without them, you're just a musician with a couple of ideas. But with them, that is the thing that changes everything when they get involved, your little idea can become something."

Yes, something a lot of people will download.

Cara's little piggies went to the market for bacon

Cara Delevingne's love of bacon apparently outweighs her aversion to horrific pain.

The model revealed a new tattoo dedicated to the most delicious food ever ... on the bottom of her foot.

Delevingne posted an Instagram photo of the new tat, along with the caption "It happened" — which, come to think of it, could be the caption for every post on Instagram.

The tattoo, by the way, is just the word bacon with an ellipsis after. I do love



me some good, well-placed punctuation, so good on you, Cara.

SHOPPERS
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I wanna be a part of it!

New York, New York.

We give you front-row access to three must-see shows as fashion month kicks off again in the Big Apple

RAQUEL LANERI
Metro World News

Ohne Titel

The Look: Sexed-up sporty

The Runway: Designers Alexa Adams and Florence Gill used scuba-tight neoprene and revealing mesh to maximum (minimal?) effect in figure-hugging micro-dresses, printed fit-and-flare knit miniskirts (worn over matching leggings), and lots of bandeau tops, in stark black and white with shots of electric blue or pink.

Insta-worthy: The opening black-and-white neoprene dress, adorned with blue and

green fringe.

Lie Sangbong

The Look: Lady Gaga meets Carolina Herrera

The Runway: Lie Sangbong was in a reflective mood this season, after a maritime disaster shook his native South Korea. But from that tragedy, he has spun a sartorial tale of hope and transformation. The crisp all-white tailored suits and draped dresses slowly morphed until they were ethereal gowns embroidered with kaleidoscopic collages of swirling butterflies and clouds.

Insta-worthy: The runway, made of 1,188 glass tiles featuring collage-to-photo prints by artist Jang Seung Hyo.

Thakoon

The Look: Moody paradise

The Runway: Thakoon Panichgul's vacation-enticing collection of relaxed



Those who thought Alexander Wang's sporty sci-fi babes too modest may enjoy Ohne Titel's contributions to Spring 2015. GETTY IMAGES



Models walk the runway at the Lie Sangbong Spring-Summer 2015 collection. GETTY IMAGES

Canadian street style

Spotted in: Toronto

Name: Jessie

Age: 24

Occupation: Sales Associate at Club Monaco

What she's wearing:

Franco Sarto shoes, Levi denim shorts, Club Monaco shirt, Joe

Fresh glasses, Roots backpack.

Her inspiration:

"Fashion bloggers like Christina Caradona and Elin Kling inspire me. And I adore the Olsen Twins' sense of style."

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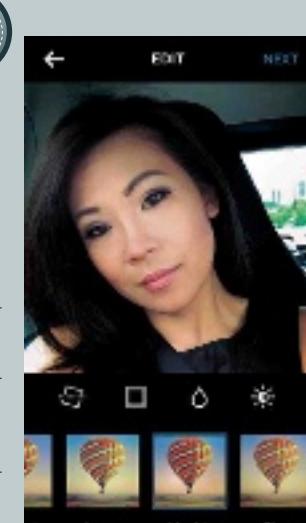


Trends Report

The rise of the 'selfie' has prompted big companies to gear their new products towards the snap-happy masses. Go online to Trends Report to see the latest in selfie makeup and gadgets, plus my guide on how to take the perfect selfie.

- [Online. metronews.ca/trends-report](http://Online.metronews.ca/trends-report)
- Follow Irene on Twitter @MetrolreneK and Instagram @kuanirene

Photo: Irene Kuan



Designer to watch

Keep your eyes on Baraschi



Before launching her own label, Romanian-born Yoana Baraschi earned her fashion keep designing for Faconnable, Cacharel, Mugler and Betsey Johnson. We chatted with Baraschi over breakfast and got her tips on how even the most colourphobic New Yorker can brighten up her wardrobe for spring:

Who is the Yoana Baraschi woman? Who do you design for?

I design for a woman who doesn't like to be defined by her age or her work. She's independent, unique, strong and bold. She likes to put things together her own way and likes to feel special when she's getting dressed.

What tips do you have for woman who want to try wearing more colours or prints?

Wearing it with black helps. It makes it less bold, so if you aren't used to wearing colour or prints, that's a good place to start. So if you have a black bandeau or black mesh pants, or even just black sandals, that can help you feel less lost.

PLUS
HOMES

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The perfect bedroom on a budget

With evenings getting darker sooner, it's the perfect time of the year to indulge in a few luxuries for the bedroom. Here are my top essentials when considering a bedroom redo



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CENTRE
Karl Lohnes
home@metronews.ca



The right paint colour

Grey-based colours are better for those who like to wake to an all-dark room whereas yellow-based colours are for those that welcome the sunshine in the morning. The perfect fall bedroom colour is the mix of grey and gold: for example, Benjamin Moore's Old Soul CSP-65, BenjaminMoore.ca

The most comfortable bedding

Some like smooth sateen, some like the texture of linen while others like the cosiness of cotton flannel. Polka Dot Flannel Sheets, from \$25, Simons.ca



The perfect pillow

Get help with this one... Are you a back, side or stomach sleeper? There's a pillow for every position. Distinctly Home Performance Double Stuff Pillow, \$55, TheBay.com



A pet bed

A stylish pet bed will help make sure everyone has their own place for a good night's rest. Danazoo Extra Large Dog Bed, \$60, Walmart.ca



Proper lighting

Are you a night reader? Save space on your night table and hang a light fixture that lets you control the light. Lite Source Rhine Wall Lamp, \$170, BedBathAndBeyond.ca

Good storage

Out of sight, out of mind: Clearing the clutter means waking up in a room with a clear mind. Brimnes Storage Headboard, from \$130, Ikea.com



Light control

Blackout drapes can make a room pitch black — perfect for shift workers or those that just hate waking up to sunlight. Mirage Blackout Curtain, \$45, Bouclair.com

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Innovative lamp will make your indoor garden grow



Cyanara, a terracotta low-energy lamp, uses LED technology to nourish edible and decorative plants. BULBO

This little light. LED tech creates ideal conditions

Urban small-scale gardening is turning out to be one of the biggest trends of the last few years, and now a new design-led vegetable growing system is making the process even easier.

Bulbo is an LED-powered lighting system which encourages the process of photosyn-

thesis for vegetables, herbs and flowers.

The Italian startup has created a series of innovative solutions to indoor gardening, including Cyanara, a terracotta low-energy lampshade which uses LED technology to provide the perfect nourishing conditions for photosynthesis. A limited edition version of the design has been designed in collaboration with Studio Elica.

The range also includes Quadra, a white varnished aluminum plant box equipped with LED lights which adapt to the entire life cycle of the plant, and Quadra Touch, featuring an integrated timer activated by a switch for easier usability.

The brainchild of Lorenzo Antonioni, Bulbo's collection was on show at this week's French design salon Maison&Objet and is available online at bulbolight.com. AFP

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Let's talk dirty — dirty food, that is

Inspired Lunches

Week. Pack this Steak Sandwich with Sautéed Onions and Blue Cheese for the big kids

"A good steak sandwich isn't always the easiest to come by," writes Carol Hilker in her book Dirty Food. "It's hard to find the right combination of perfectly spiced steak, topped with a bounty of trimmings that add the right amount of flavour and texture when placed on a crispy loaf of bread."

"This sandwich, with rare steak, sautéed onions, Dijonnaise, rocket and blue cheese on French country bread is the answer!"

1. Make the Dijonnaise by

Ingredients

Dijonnaise

- 2 large white onions
- 2 tbsp butter
- 400 ml (1 3/4 cup) light cream
- 3 tbsp Dijon mustard
- Pinch of salt, ground black pepper, garlic, nutmeg, chopped fresh flat-leaf parsley, tarragon

Steak Sandwiches

- 2 x 350 g (12 oz) sirloin steaks/ New York strip steaks, cut 2.5 cm (1 inch) thick
- Olive oil, for frying
- 4 onions, sliced into rings
- 1/2 tsp fresh thyme leaves
- 2 garlic cloves, minced
- 1 - 2 loaves French Country Bread
- 4 tbsp Dijonnaise (see above)
- 30 g (1 cup) rocket/arugula
- 115-225 g (4 - 8 oz) blue cheese, crumbled
- Sea salt, ground black pepper



This recipe serves four. PETER CASSIDY

finely chopping the white onion and frying with butter in a medium saucepan. Add the cream and mix in the mustard. Season the mixture and simmer until the sauce takes a mustardy colour and is relatively thick.

2. Season the steaks with salt

and pepper on both sides. Heat 2-4 tablespoons of olive oil in a medium frying pan over a high heat until it's very hot, almost smoking. Sear the steaks for 1 1/2 minutes per side and then reduce the heat to low and cook the steaks for about 3-4 minutes, turning once. Remove the steaks from the pan and

place on a plate. Cover tightly with foil and allow to sit in the refrigerator for 10 minutes. Remove and slice the steak into strips.

3. Using the same frying pan, heat 3 tablespoons more olive oil over a medium heat. Add the onion slices and thyme and

sauté for 10 minutes, stirring occasionally, until the onion is caramelized. Add the garlic for the last 1-2 minutes.

4. Cut the French country bread lengthwise into large sandwich rolls. Spread 1 tablespoon Dijonnaise on the bottom half of each bun. Place a



This recipe serves four people. PETER CASSIDY

Side. Hand-cut Fries

"Although it might seem to some that fries should be prepared in a deep fryer, I strongly suggest baking them in the oven," writes Carol Hilker in Dirty Food. "I find that cooking them in the oven delivers a better texture and crunch."

1. Preheat an oven to 180 C (350 F).

2. Use a sharp knife to cut the potatoes into 2.5 cm thick wedges. In a medium-size mixing bowl, mix together the olive oil, paprika, garlic powder, chili powder and onion powder.

Coat the potatoes in this oil and spice mixture and place them on a baking sheet.

3. Bake the fries for 45 minutes to 1 hour in the pre-heated oven, turning once, and remove when they're golden and crispy.

Ingredients

- 4 large baking potatoes
- 50 g olive oil
- 1 tbsp paprika
- 1 tbsp garlic powder
- 1 tbsp chili powder
- 1 tbsp onion powder

For your phone

Food & Wine Cocktails (iPhone/Android; free)



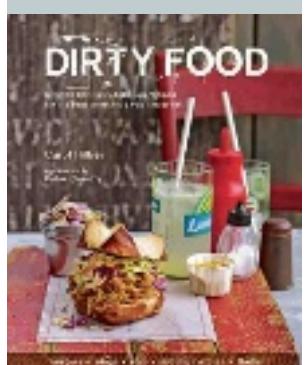
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Kris Abel
@RealKrisAbel
life@metronews.ca

This party collection of 350 cocktails includes new twists on aperitifs, martinis, and punches, creative flambé and garnished concoctions, and recipes for crusted chicken wings, spicy cashews, and mushroom crostinis.

Cookbook of the Week

So bad it's good!



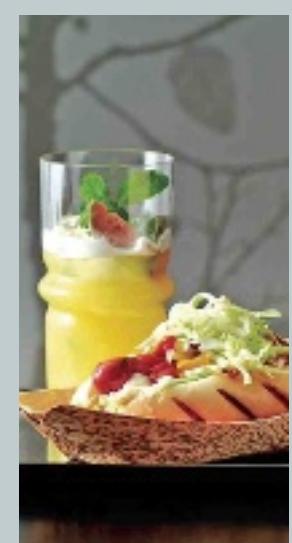
In her book Dirty Food, Carol Hilker sets out to document the best worst food you'll ever eat.

While the trend has been healthy bites, Hilker shows her readers it is still OK to indulge with a range of brunch, bowls, take-out, hot and cold sandwiches, barbecue, wings and ribs; sides, treats and beverages recipes.

Included in her book are Chicago-Style Baby Back Ribs, Trinidadian Aloo Pies, Steak Ranchero Burrito, Maine Lobster Omelette, Fried Green Tomatoes, Diner-Style Cherry Pie and more. METRO

layer of the steak strips on top of the Dijonnaise, sprinkle with salt and pepper and top with the caramelized onion rings. Place the rocket on top of the onion rings and sprinkle a handful of blue cheese on top. Cover with the top half of the buns.

RECIPES FROM DIRTY FOOD BY CAROL HILKER. PUBLISHED BY RYLAND PETERS & SMALL (2014).



WEDDING PLANNER

Thursday, September 11, 2014



Blush is an on-trend shade for bridal gowns.



A little — or a lot — of bling dazzles dresses.



Sleeves are slated to be a big trend for brides next year.



Popular design elements include a keyhole back. PHOTOS COURTESY DAVID'S BRIDAL

Pinning down a gown

Choosing a style. Vintage, glam, and shades of romance dominate the wedding dress scene in 2015

MICHELLE WILLIAMS
For Metro

The most important decision for any bride is her gown, a once-in-a-lifetime purchase for her most special day.

Here are the top tips and trends for next year's weddings from the experts:

Vintage classic

The coming year's popular choice is lace. "We're seeing a return to vintage lace gowns, especially in fit and flair and trumpet silhouettes," said Dominique

Levesque, the owner of Dominique Levesque Bridal in Ottawa and Gatineau.

"This season, head-to-toe lace is often lined in satin, or ivory lace with gold underlay for a rich, vintage look."

"For that vintage look, brides are choosing gowns with antique lace, floating appliques, pearls and sashes," said Angela Vydra, assistant manager of David's Bridal in Ottawa.

Other popular design elements you'll see include sleeves or keyhole backs (cap sleeves that button

More trends

- Sleeves in any length.
- Crop tops for trend-setters and risk-takers.
- Capelets to cover shoulders at the ceremony or for fall/winter weddings.
- Dramatic plunging backs and necklines.
- Tea-length dresses or vintage looks for outdoor weddings.
- Pops of colour on the dress or veil, from mocha to silver to blush to ruby.
- Floating or 3D appliques give a gown texture and definition.

at the base of the neck to leave a keyhole of bare skin at the back), illusion backs or necklines (lace, tulle or net transparent panels that attach to the bodice) and birdcage veils (that fall just below the nose or chin).

Breathtaking extravagance
Pure opulence best describes this look — think fit and flairs or ball gowns in fabrics that appear heavy, like tapestry, and feature lots of bling.

"The key here is in the

embellishments — metallic gold, platinum, scrollwork and hand-beaded pearls topped with a tiara or veil and lots of sparkly jewelry," said Vydra.

Shades of romance

This season, think colour. "The blush-coloured dress is a modern choice for someone who wants a gown that looks softer and more romantic than crisp white," said Levesque.

"Blush gowns can be any style, but tulle ball gowns are especially popular in blush because the tulle diffuses the colour."

Another on-trend shade for brides is light, smoky silver. "Both these colours are often paired with ivory lace



Vintage dresses pair well with an outdoor wedding.

or tulle overlay to keep the look soft and romantic."

Chic glam

Simple and minimalist, this look is once again trending for brides. "This look is all about simplicity, very elegant and sophisticated," said Vydra. "Key fabrics are satins and silks with minimal embellishments and simple elegant headpieces."

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On the flip side



Metallic gold is on trend.

CONTRIBUTED

Cakes. There's more than multi-layers and frosting to choose from

ASTRID
VAN DEN BROEK
For Metro

Lemon filled or chocolate ganache? Cupcakes or a tiered cake? Fresh flowers or sugar roses on top? For the sweet finish of your big day, you'd like your wedding cake to be a stunner. So what's popular this year with brides?

What's new in cakes

How about no cake at all? "Macaron and meringue towers are popular, but a favourite of mine is the croquembouche, choux pastry filled with delicious pastry cream and glazed with caramelized sugar," says cake designer Nadia Colella from Toronto-based Nadia & Co. "Another non-traditional option are sweet tables with no centralized wedding cake. Brides are choosing to

put out their favourite sweets, including pavlovas, cupcakes, macaroons, and homemade candies."

While Tracey Manaielscu has seen a number of unique sweet towers featured at weddings — think cheese or doughnut towers — cakes are taking a turn as well. "Naked" cakes (layered cakes which feature frosting on the top of each layer rather than the sides) and somewhat smaller cakes, two or three cakes, rather than a huge, stacked, ornate cake, are popular," said the co-founder of the Wedding Planners Institute of Canada.

Looks are changing

"Some popular colours for 2015 wedding cakes are going to be water colours, rose gold, metallic golds, silvers, and blues," notes Manaielscu. "Also brides are interested in hand-painted designs, as well as embellishments such as gold foiling, ruffles, delicate flowers made out of icing, edible glitter dusting, and metallics."

Colella notes that ombre/



Brides are on sugar highs from buttercream, blooms, and ombre. SHUTTERSTOCK

monochromatic cakes were also popular with couples. "Whether it be fondant-covered or buttercream iced, brides were crazy about ombre," she said. "Floral cakes are also popular, whether it be a beautifully, hand-painted pattern or handmade gumpaste flowers, blooms are here to stay."

Favourite flavours

It goes far beyond chocolate and vanilla. "Popular flavours with my clients this season were vanilla cake with salted caramel cream and toffee bits, pink lemonade ganache and strawberries, and a continued favourite is always chocolate cake with hazelnut crunch buttercream," said Colella.

Cake dos and don'ts

Don't pick too many flavour combinations because there won't be an even amount of servings per flavour, said Colella.

Do hire a professional. "Even though Aunt Sally makes wonderful cakes for family gatherings, it's not the same thing as hiring a professional trained for food handling," said Manaielscu.

Do have an open mind. "Cake designers are full of ideas that may surpass your original expectations," said Colella.



Consider cupcakes. SHUTTERSTOCK

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Receive great suggestions and ideas for your dream wedding at Ottawa's wedding shows. SHUTTERSTOCK

Wedding Shows. One-stop shops help every couple plan their day

Ottawa plays host to a variety of wedding shows where brides can take advantage of a one-stop shop for all their wedding planning needs.

Speak with industry experts, and see what's on trend with live fashion shows. Here's a list of upcoming shows:

Wedding Palace Bridal Show

When: Sept. 13-14,
11 a.m. to 5 p.m.
Where: Ottawa Convention

Centre (55 Colonel By Dr.)
Tickets: \$15 per person (general admission)

More info: weddingpalace.ca

The Ottawa Wedding Show

When: Oct. 18-19,

11 a.m. to 5 p.m.

Where: EY Centre

(4899 Uplands Dr.)

Tickets: \$12 per person; \$20 per couple; \$36 per group of four

More info: ottawaweddingshow.com

Bliss Wedding Show

When: Nov. 9, noon to 4 p.m.
Where: Nick Smith Centre, (77 James St., Arnprior)

Tickets: Free

More info: blissweddingshow.com

Engage Ottawa

When: Nov. 16,
11 a.m. to 5 p.m.

Where: Chateau Laurier (1 Rideau St.)

Tickets: \$20 (advance), \$25 (at the door)

More info: engageottawa.ca

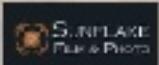


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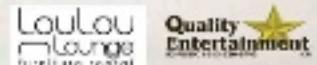
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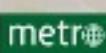
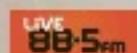
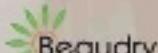
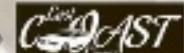
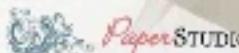
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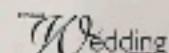
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In bloom for bridal

Size matters. Big bouquets and bringing the outside in are on trend for the 2015 wedding season

MICHELLE WILLIAMS
For Metro

Perhaps the most glorious finishing touch of all for a wedding is the flowers. All blooms are beautiful, but for 2015 brides, here's a rundown of the hottest floral looks for wedding bouquets, centerpieces, and decor:

Garden glory

This look is best described as unstructured — flowers that look freshly hand-picked from the garden; a look that's both romantic and whimsical. "It's a look for brides who want to bring the outside in, using flowers in season, very

popular for spring weddings," says Lynne Laviollette, owner of Laviollette Flowers and Wedding Decor in Rockland, Ont. Popular blooms for this look include tulips, hyacinths, peonies and sweet peas for spring, and open spray roses, hydrangeas and peonies for summer.



Touch of nature

It's a beautiful way to bring touches of nature into your bridal look, especially for fall and winter.

"This look includes a lot of mixed greenery like ferns, seeded eucalyptus, mixed with some green



Keep on tradition with simple, classic, cream roses for your bridesmaids' bouquets. SHUTTERSTOCK

and white flowers, such as anemones and freesia," said Cathy Van Veen, designer and owner of Flower Essence

in Kemptville, Ont. "Branches like curly willows and neutral-toned flowers integrate well into arrangements and bouquets for that natural look," adds Laviollette.

Both of the above looks lend themselves beautifully to two other up-

coming trends: floral crowns for the bride and a number of small accent hanging flower arrangements in the decor.

Lush opulence

Lavish, extravagant bouquets and centrepieces with an abundance of blooms, and little or no foliage give weddings a luxe, celeb-inspired look.

The hallmark of this look is the high flower content in the bouquets and décor arrangements.

"Most brides love this

look, but it can be pricey," said Laviollette. Choosing big blossoms like hydrangeas, peonies and open roses, with a few orchids, can give you the look without the hefty price tag.

Traditional elegance

Simple and classic is always in style for brides. "A bouquet of white or cream roses, orchids or calla lilies is timeless, fresh and clean," says Van Veen. "Soft pink or red bouquets are also popular choices for a timeless look."

Tips for choosing a florist

1 Ask how long they've been in business and about their experience with weddings.

2 Check their website and portfolio to see if you like their style and how they bring bridal looks to life.

3 Find out what services they offer to make things easier for you.

4 Ensure your florist can work with you to deliver your vision within your budget.





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Hawks fallout

Civil rights leaders snubbed by team

The Atlanta Hawks cancelled a scheduled meeting between their CEO and city civil rights leaders Wednesday, prompting one of the group's leaders to say his community was greatly offended.

The Rev. Markel Hutchins said the meeting with CEO Steve Koonin was called off "at the last minute." He later said he received a call from Hawks spokesman Garin Narain on Tuesday night asking the appointment be postponed.

The group asked for the meeting to discuss what Hutchins said was the Hawks' "disrespect for people of colour." The request followed racially charged comments by Hawks co-owner Bruce Levenson and general manager Danny Ferry.

THE ASSOCIATED PRESS

NFL

FCC chairman stands against team nickname

The head of the U.S. Federal Communications Commission says the Washington Redskins nickname is "offensive and derogatory."

FCC chairman Tom Wheeler said he hopes Redskins owner Dan Snyder will change the name without any formal action from the regulatory body.

Said Wheeler: "I don't use the term personally and I think it is offensive and derogatory.... I hope that this is something that if enough people express themselves, Dan Snyder can see which way things are going."

THE ASSOCIATED PRESS

Rivalry resumes as controversy swirls

NFL. Ravens, Steelers prime-time clash overshadowed by RB Rice's suspension

Four days after opening the season by losing to a division foe at home, the Baltimore Ravens face their most-hated rival in a pivotal game Thursday night.

The matchup against the Pittsburgh Steelers couldn't come soon enough for the Ravens, who finally get to play in the wake of the media firestorm involving Ray Rice.

Following Sunday's 23-16 defeat against Cincinnati, Baltimore had not yet launched its short workweek when a video surfaced showing Rice hitting his then-fiancée in an elevator last February. The incident previously led the NFL to suspend the running back for two games, but the graphic video prompted the Ravens to release Rice and the NFL to suspend him indefinitely.

From that point, coach John Harbaugh and his players were bombarded with more questions about Rice than the importance of avoiding an 0-2 start with two home losses against AFC North opponents.

"It's been a trying time," wide receiver Steve Smith said. "You have to compartmentalize to some part, because if you don't, this is a game that is physical and you can get hurt if your mind is not clear and focused on what you have to do."

Under different circum-



Ravens quarterback Joe Flacco, far right, is under pressure to get the Baltimore offence going without suspended running back Ray Rice on Thursday night against the Pittsburgh Steelers. Scan the image for a gallery of news and notes from around the NFL. ROB CARR/GETTY IMAGES

U.S. Congress speaks out

"By waiting to act until it was made public you effectively condoned the action of the perpetrator himself."

Republican Sen. Dean Heller of Nevada said Wednesday that NFL commissioner Roger Goodell didn't act swiftly enough to punish Ray Rice. A law enforcement official in Atlantic City, N.J., said he sent video of Ray Rice punching his then-fiancée to an NFL executive five months ago, while league executives have insisted they didn't see the violent images until this week.

stances, the Ravens (0-1) and Steelers (1-0) would be asked about the intensity of a rivalry in which 10 of the last 12 games have been decided by

three points or fewer. Maybe everyone would be talking about Pittsburgh's second-half collapse against Cleveland last week.

Instead, the topic of conversation was a running back who wasn't supposed to play in this game anyway.

The first question posed to Pittsburgh quarterback Ben Roethlisberger in a conference call involved his thoughts on Rice. He dutifully answered before quickly shifting gears.

"We pray for him and his family," Roethlisberger told the Baltimore media. "The biggest focus is the game on Thursday.... That is what we can control."

THE ASSOCIATED PRESS

Champs chopped down in sweep by O's



Manager John Farrell's Red Sox have gone from World Series champions to AL East bottom feeders in the span of a season. JARED WICKERHAM/GETTY IMAGES

The post-season hopes for the World Series champion Boston Red Sox have all but faded away. Now, Dustin Pedroia's season is over, too.

Red Sox manager John Farrell said the star second baseman will have season-ending surgery on his left hand, making the announcement after a 10-6 loss to the Baltimore Orioles on Wednesday.

"He's going to have a procedure done here tomorrow ... in Boston that will address what he's dealing with right now," Farrell said. "I don't

Wild-card race

The Toronto Blue Jays entered Wednesday night's game against the Chicago Cubs trailing the Detroit Tigers by 4 1/2 games for the final AL wild-card spot. Go to metronews.ca for updated results.

know any more specifics than that, but there will be certainly a followup after that's

completed."

On the field, the Red Sox report certainly wasn't any better.

Wei-Yin Chen pitched perfect ball into the sixth inning, Adam Jones helped provide an early cushion and the Orioles completed a three-game sweep.

Brandon Workman (1-9) lost his ninth straight decision since winning at Baltimore on June 10. He was tagged for six runs — five earned — in the third inning.

THE ASSOCIATED PRESS

4
SPORTS

Koivu retires after 18 NHL seasons

Difficult hockey

career. Former Habs captain endured many devastating lows while playing for Montreal

Injuries, a battle with cancer and struggles to make the playoffs marked his 13 years in Montreal, but for the generation of fans who grew up in the 1990s and early 2000s, Saku Koivu was the face of the Canadiens.

The memories flooded back Wednesday when the gifted and dauntless centre announced his retirement after 18 NHL seasons, including 10 years as the Canadiens captain.

The 39-year-old played his final five seasons with the Anaheim Ducks, skating alongside fellow Finnish great Teemu Selanne, but his career will mostly be remembered for the great highs and devastating lows he experienced in Montreal.

"Looking back at my 22 years of pro hockey, first in Finland and then in the NHL, I feel truly blessed and fulfilled," Koivu said in a statement released through the NHL Players' Association. "I have been contemplating retirement for quite some time and am very confident in my decision at this time and place."

The Turku, Finland, native played 1,124 NHL games and had 255 goals and 577 assists.

He competed at four Olympics, two World Cups and seven IIHF world championships, winning a gold medal for Fin-

Returning from cancer

Cancer was found in Koivu's abdomen prior to training camp in 2001. Remarkably, he was able to return near the end of the regular season.

- He not only played in all 12 playoff games that spring, but shared the team lead with 10 post-season points.
- He was given the 2002 Masterton Trophy for dedication, sportsmanship and perseverance, and followed that by playing all 82 games in 2002-03, collecting a career-high 71 points.

land in 1995.

The Canadiens, the Ducks and even rival clubs like the Ottawa Senators sent out tweets congratulating Koivu on his career.

But his NHL figures are modest considering what he may have produced had his career not been marred by a succession of knee injuries, his 2001-02 bout with non-Hodgkin's lymphoma and a horrific eye injury in 2006 that left him with restricted peripheral vision.

The cancer moved him to start the Saku Koivu Foundation, which raised \$8 million for a positron emission tomography (PET) scanner for the Montreal General Hospital. In 2007, he got the King Clancy award for his humanitarian efforts. **THE CANADIAN PRESS**



Saku Koivu split 18 NHL seasons between two teams. He began in Montreal where he spent 13 seasons, then moved on to Anaheim. **GETTY IMAGES FILE**

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OTTAWA

Habs. Subban, Pacioretty among captain candidates

With Brian Gionta gone, the Montreal Canadiens need a new captain — and there is no shortage of candidates.

A pair of 25-year-old stars, 2013 Norris Trophy-winning defenceman P.K. Subban and U.S. Olympic forward Max Pacioretty, each said they'd love to wear the "C" beginning this season. Veteran defenceman Andrei Markov and veteran centre Tomas Plekanec are also considered among the top possibilities.

"I think that I'd embrace

Quoted

"I think anyone who wants to be a leader on their team would want to be a captain of a team."

Max Pacioretty

it," Subban said.

"I've earned the respect of my peers and my opponents to command the respect that a captain deserves."

THE CANADIAN PRESS

In pictures



1 Better get GEICO. Riders add insurance at quarterback

The Saskatchewan Roughriders signed quarterback Keith Price on Wednesday.

The move came a day after the Riders announced starter Darian Durant would likely miss the remainder of the CFL season with a torn tendon in his right elbow.

Price joins Saskatchewan after attending the Seattle Seahawks rookie camp. **THE CANADIAN PRESS**

2 Lowered expectations. Man U readies for a hit in revenue

Manchester United's failure to qualify for the Champions League under David Moyes led United to forecast a 10 per cent drop in its 2014-15 revenue. That's a decrease of around \$80 million, to as low as \$619 million. **THE ASSOCIATED PRESS**

3 Hostile takeover. Ukrainian hockey team has offices 'seized'

The professional ice hockey club in the war-torn city of Donetsk in eastern Ukraine says armed men have occupied its offices.

The Donbass Donetsk club says that a group of "armed men broke into the building" on Wednesday afternoon and "seized" the offices. **THE ASSOCIATED PRESS**

4 Keep waiting, Gordon Bombay. Ducks extend Boudreau's term

Head coach Bruce Boudreau agreed to a two-year contract extension through the 2016-17 season with the Anaheim Ducks on Wednesday. **THE ASSOCIATED PRESS**

AUGMENTED REALITY

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crossword and Sudoku answers.
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Horoscopes by Sally Brompton



Aries

March 21 - April 20

Work and relationship issues have placed a strain on your nerves recently but now you can see a way past your problems. A difficult phase is almost over. Learn from it.



Taurus

April 21 - May 21

Whatever difficulties you face, don't try to blame other people for them. The more you deny that you are responsible, the worse things are likely to get.



Gemini

May 22 - June 21

Your physical and emotional reserves are likely to be a bit depleted, so take it easy today and tomorrow. There are a number of ways you can improve your health.



Cancer

June 22 - July 23

This is generally a positive time for you but don't take too much on trust or you may miss out on a golden opportunity.



Leo

July 24 - Aug. 23

It may seem as if everyone else has been having fun while you've been stuck at home or at work but don't sweat it. Your turn will come — and soon.



Virgo

Aug. 24 - Sept. 23

Today's Sun-Saturn link means you don't have to be assertive, you just have to know what you are doing. Most people fail because they don't have a clearly defined goal, so work out what it is you most desire.



Libra

Sept. 24 - Oct. 23

The most vital thing today is communicating what you have to say plainly. Not everyone possesses your way with words. Make sure they get you.



Scorpio

Oct. 24 - Nov. 22

You may be convinced that your way of doing things is best but you still need to explain and justify your actions to partners and co-workers if you want to get important things done.



Sagittarius

Nov. 23 - Dec. 21

So many things have changed in your life of late that you could do with a few days when they stay just as they are. And that's what is likely to happen as Saturn slows everything down.



Capricorn

Dec. 22 - Jan. 20

Join forces with people who share your concerns, then decide what you can do to make the world a better place. You need to realize though that lasting change takes time.



Aquarius

Jan. 21 - Feb. 19

You have powerful friends but are reluctant to ask them for help. Maybe it's because you don't want to waste trump cards on minor problems.



Pisces

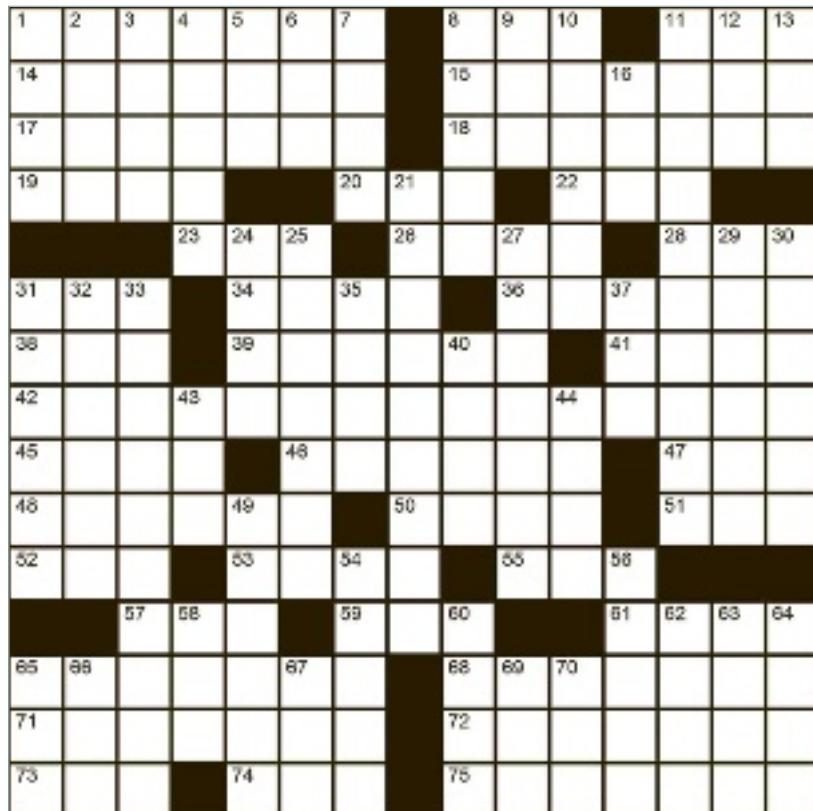
Feb. 20 - March 20

You may not be interested what someone is trying to tell you but if you are smart you will listen and nod your head wisely at the appropriate moments.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. "Z Nation" extras, new on Space
8. "Rocky II" (1979), e.g.
11. Panda symbol org.
14. In an on-the-ball manner
15. Instruct
17. "The Honeymooners" star Jackie
18. Soldier's stripe shape
19. Interest
20. CPR giver
22. Marcel Marceau's clown
23. Tree treat
26. "God ha' mercy on such ____..." - Rudyard Kipling
28. Online ID addresses
31. Intl. clock standard
34. Dragonriders of (Anne McCaffrey book series)
36. Arctic covering: 2 wds.
38. Crude
39. Nicole Kidman movie, "The __" (2001)
41. Mix
42. Tragically Hip song that goes: "And that's where the hornet stung me..." : 4 wds.
45. Having foot digits
46. CBC's "The Fifth"
47. Faith [abbr.]
48. "Bewitched" mother
50. HS subject



Down

50. "Dial __ Murder" (1954)
51. Actress Ms. Williams
52. Thing: Latin
53. Space bear
55. Refusals
57. Any of The Rockies, briefly
59. HS subject
60. Weight allowance
65. BC: __ Lake Marine Provincial Park
68. Spoke
71. Desktop imagery: 2 wds.
72. Jumping
73. Time off, slang-style
74. "Perfect!"
75. Supertime sprig
76. Angular turns
77. Stewpot
78. Docile
79. Hillsides
80. TGIF part
81. "Strange Magic" gr.
82. Robert Burns' 'since'
83. Factions
84. Old English letter
85. Longueuil's locale
86. "Passchendaele" (2008), for one: 2 wds.
87. Intl. commerce group
88. Marsh
89. Gladiator's 106
90. It's a ____

91. World' (Slogan of the Sci-Fi action/thriller at #1-Across)
92. Snake, for one
93. WWI: Harry Colebourn's "Winnipeg": 2 wds.
94. Smart sounding Saskatchewan spot
95. Coupled
96. Nimby
97. Gadget-for-cheese
98. Nova Scotia's Bay
99. John Buchan, 1st Baron (Governor General of Canada from 1935 to 1940)
100. Jonathan Meyers link
101. Founded [abbr.]
102. 16 Wing Borden, the 'Birthplace of the Royal Canadian Air Force'
103. Hubbub
104. Roman ruler
105. Fashion 'lane'
106. Sevens: French
107. Novel by #33-Down of which Alfred Hitchcock directed the movie version, The Thirty-Nine Steps
108. Coffee utensil
109. Swallow
110. Botanical 'coat'
111. Levesque (Montreal boulevard)
112. Uptight
113. Comp. part
114. News network
115. "Diamonds Forever" (1971)
116. Orange Pekoe
117. Road topping

Yesterday's Crossword



Online

See today's answers at
metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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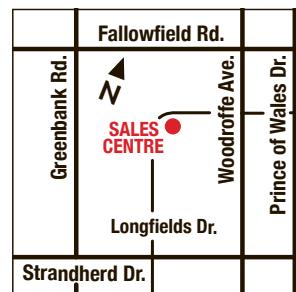
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